



Participant Log

Walk Across Texas! Panola County

September 17-November 11, 2023

Team Name: _____

Team Captain: _____

	Sun	Mon	Tue	Wed	Thu	Fri	Sat	TOTAL
WEEK ONE	9/17	9/18	9/19	9/20	9/21	9/22	9/23	
WEEK TWO	9/24	9/25	9/26	9/27	9/28	9/29	9/30	
WEEK THREE	10/1	10/2	10/3	10/4	10/5	10/6	10/7	
WEEK FOUR	10/8	10/9	10/10	10/11	10/12	10/13	10/14	
WEEK FIVE	10/15	10/16	10/17	10/18	10/19	10/20	10/21	
WEEK SIX	10/22	10/23	10/24	10/25	10/26	10/27	10/28	
WEEK SEVEN	10/29	10/30	10/31	11/1	11/2	11/3	11/4	
WEEK EIGHT	11/5	11/6	11/7	11/8	11/9	11/10	11/11	

Each participant is responsible for reporting his/her mileage to the team captain at least once a week! Please log activity by miles at the rate of 15 min=1 mile.

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